

# Bude Sensory Nature Group

Meet on 4th Thursday of the month

11-1pm

free dementia-friendly activity

## 22 Jan Crooklets walk and nature activity

Meet at Crooklets car park by the pay & display machine, EX23 8NE.  
**what3words:**///tone.expiring.hopeless

## 26 Feb Wander along Bude wharf

Meet at the Wharf accessible car park, Bude, EX23 8LG. **w3w:** see below.

## 26 Mar Spring riverside wildlife walk

Meet at Riverlife Café, Pethericks Mill, Bude, EX23 8TF. **what 3 words:**///live.tilting.tucked

## 23 April Wildflower planting

**In the community orchard tbc!**  
Meet at the Wharf accessible car park, EX23 8LG. **what 3 words** ///torso.hood.upstairs

## 28 May Birdwatching along the canal

Meet by Tourist Info car park, EX23 8LE  
**what 3 words:**///nags.depended.bills

Please get in touch if you require transport.

To book and for more details

**Tel:** 01726 222900

**email:** [creativespaces@sensorytrust.org.uk](mailto:creativespaces@sensorytrust.org.uk)



Creative *Spaces*

Creative Spaces supports people living with dementia, their families and carers in rural communities in Cornwall

