

# Bude Sensory Nature Group

Meet on 4th Thursday  
of the month

11-1pm

free  
dementia-  
friendly  
activity

- 22 Jan Crooklets walk and nature activity**  
Meet at Crooklets car park by the pay & display machine, EX23 8NE.  
**what3words:**///tone.expiring.hopeless
- 26 Feb Wander along Bude wharf**  
Meet at the Wharf accessible car park, Bude, EX23 8LG. **w3w:** see below.
- 26 Mar Spring riverside wildlife walk**  
Meet at Riverlife Café, Pethericks Mill, Bude, EX23 8TF. **what 3 words:**///live.tilting.tucked
- 23 Aril Wildflower planting**  
**In the community orchard tbc!**  
Meet at the Wharf accessible car park, EX23 8LG. **what 3 words** ///torso.hood.upstairs
- 28 May Birdwatching along the canal**  
Meet by Tourist Info car park, EX23 8LE  
**what 3 words:**///nags.depended.bills

Please get in touch if you require transport.

To book and for more details

Tel: 01726 222900

email: [creativespaces@sensorytrust.org.uk](mailto:creativespaces@sensorytrust.org.uk)



Sensory Trust



COMMUNITY  
FUND



Cornwall  
Community  
Foundation

Creative Spaces

Creative Spaces supports people living with dementia, their families and carers in rural communities in Cornwall

