

## A Day in the Life of a Tree Sensory Story



The sun rises, the red light shining down in the forest tells the trees it is time to wake up!

*(Look through red acetate. Make stretching noises and movements bringing your arms up)*

The trees start their day, breathing in the carbon dioxide, breathing out the oxygen.

*(Posing like a tree take deep breaths. Use the symbol sign to show carbon dioxide as you breathe in, then turn it over to show oxygen as you breath out)*

To grow big and strong the trees share food, they reach out to each other through their roots

*(Pass a taste experience around the group, take one and pass it on, sharing the food. If solid food is not possible use a pipette and juice or sugared water on the lips, or lip balm, for a taste experience)*

Warning! The creeping, crawling caterpillar is here, protect yourself!

*(Pass the caterpillar from tree to tree – person to person)*

Make your leaves smelly so they don't get eaten!

*(Waft the smell through the forest)*

Now we are safe time to do our daily chores. Absorbing light through our leaves.

*\*(Stretch out arms and wiggle your fingers towards the light)*

Locking in carbon

*\*(Cross arms over body to show locking in)*

Sucking up water

*\*(Make a slurping sound, moving arms up through body from bottom to top - or suck up water through a straw or use syringe to show sucking up water)*

*\*(Keep going around in these motions as many times as you want, stretch, lock, slurp and repeat)*

The sun is setting, our day is done, time to rest.

*(Deeper red -two pieces of acetate- to look through, relax and pretend to go to sleep, either by dropping your arms or lying down and closing your eyes)*