

Creative Spaces information sheet - Sensory Trust

Activity: Fortune tellers

A Fortune Teller is a simple interactive game that allows people to go through a process together and end with a fact or a question. It is easy to make and very low cost and can be designed to suit any subject or interest making it a useful communication tool when working with a range of people. We have used it to explore how/why people like to engage with the outdoors..

Materials

- Template with contents already on it or plain A4 or A3 paper
- Scissors

How to use

1. Hold the fortune teller and ask someone to pick from the top layer, this could be a number, a word or an image (If you are using words or images, count the number of letters in the word for example count 5 times for the word 'water').
2. As you count use your fingers and thumbs to open the Teller first .
3. Ask them to pick something from the next layer - again this is then counted out through opening and closing.
4. Ask them to pick from the middle layer for the final time to reveal a question or activity.



Top Tips

- Use A3 paper to make bigger fortune tellers that are easier to handle.
- Find a quiet calm space to allow uninterrupted conversation and concentration.
- Use open questions to explore memories, thoughts and feelings; e.g. "What is your favourite season?" rather than "Do you like Springtime?"

In brief

- 1 Use fortune tellers as a fun way to start conversations.
- 2 Use A3 paper if you can to make bigger fortune tellers that are easier to handle.
- 3 Small groups or one-to-one works best.
- 4 Use open questions to explore memories, thoughts and feelings. Avoid using yes or no questions.

Creative Spaces



Sensory Trust promotes and supports the creation and management of outdoor spaces that can be used and enjoyed by everyone, regardless of age or ability.

www.sensorytrust.org.uk

Tel: +44 (0)1726 222900

Email: enquiries@sensorytrust.org.uk













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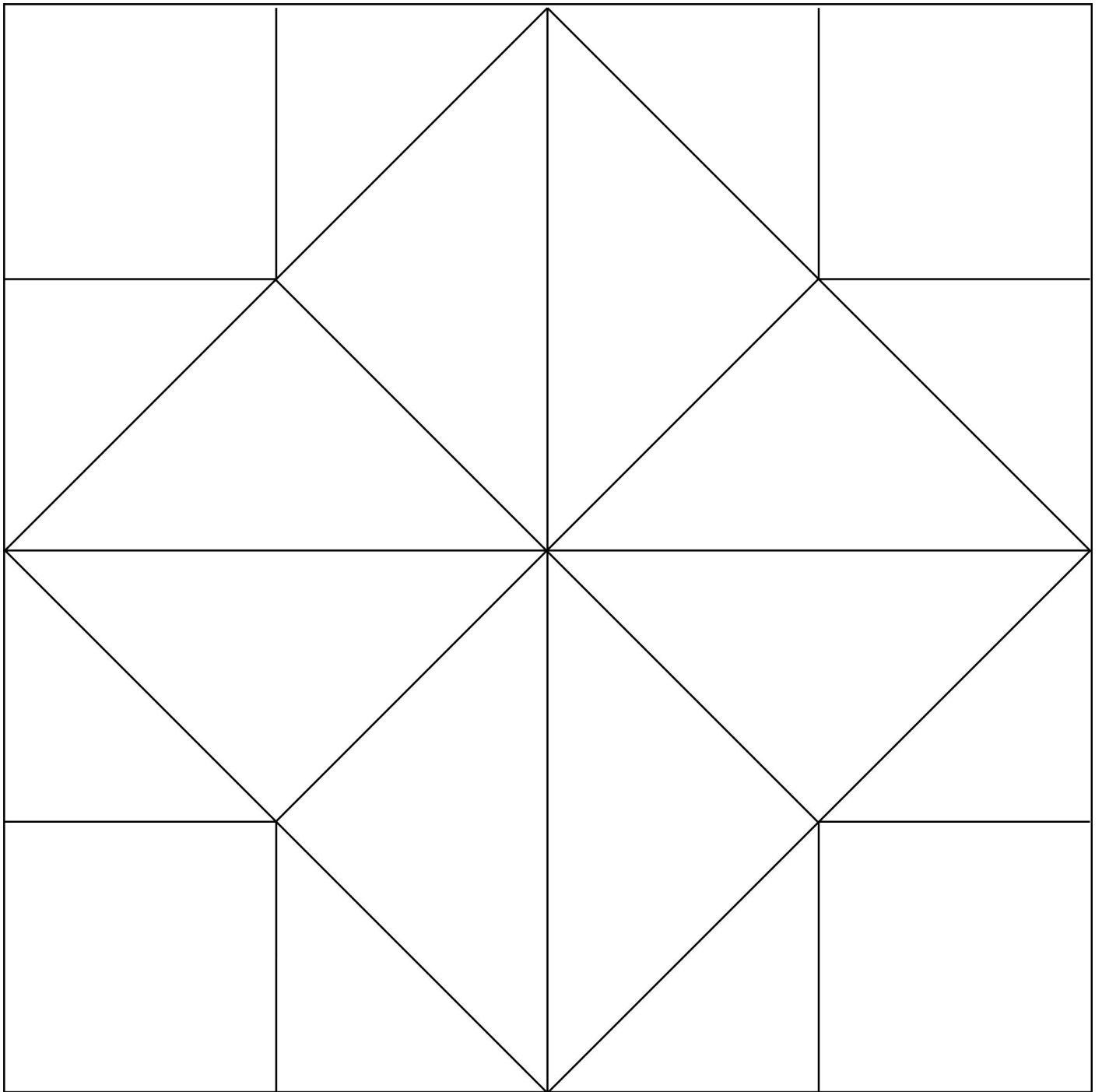
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Example used in Creative Spaces

 <p>See</p>	 <p>Bird</p>	 <p>Bonfire</p>	 <p>Smell</p>
 <p>Season</p>	<p>Where would you like to go on a day trip?</p> <p>Who would you like to visit the countryside with?</p>		 <p>Flowers</p>
<p>What sort of gardening activities would you like to do?</p>		<p>What sort of plants do you like?</p>	
 <p>Hear</p>	 <p>Water</p>	 <p>Soil</p>	 <p>Touch</p>
<p>Who do you like spending time with?</p>		<p>How often do you like to go outdoors?</p>	
 <p>People</p>	<p>What do you like to do indoors?</p>		 <p>Plants</p>
<p>What do you like to do outdoors?</p>		<p>What do you like to do outdoors?</p>	

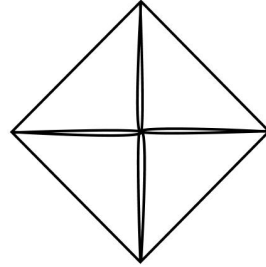
Blank template



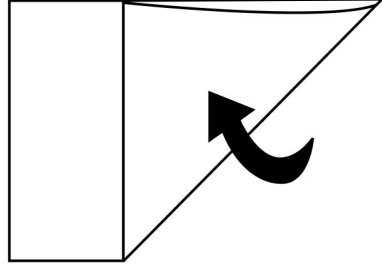
Folding instructions



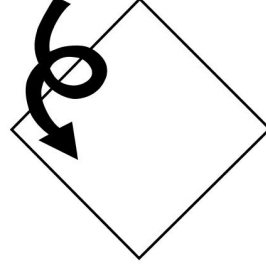
Take one piece of paper



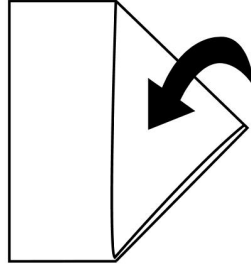
It should look like this when folded



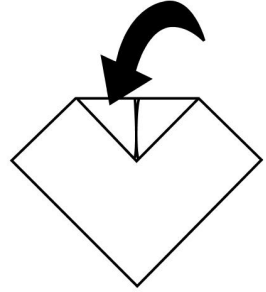
Fold to meet the other corner



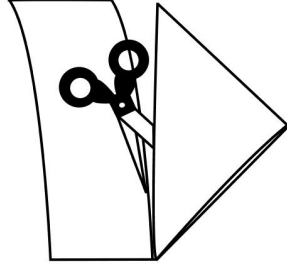
Turn the paper over



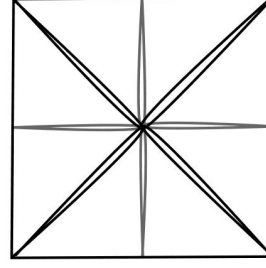
Fold the other corner to meet the edge



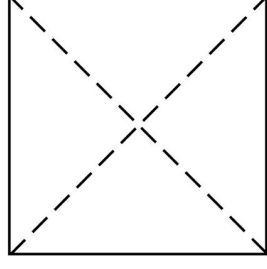
Fold in all four corners so that the points meet in the middle.



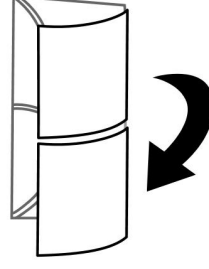
Cut off the section at the top



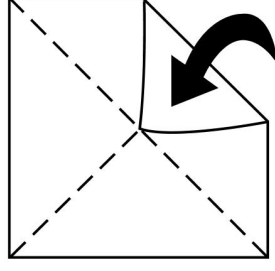
It should now look like this



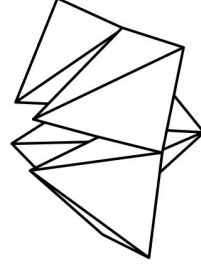
Unfold it to have a square piece of paper



Fold it in half



Fold up all four corners so that the points meet in the middle.



Push your fingers into the corners to work it into this shape