

Hoop and loop bird feeders

Hoop and Loop is a simple fun activity that can be used by groups of varying abilities. It requires some dexterity and hand eye coordination.

You will need

- Hoop/loop cereal such as Cheerios
- Pipe cleaners
- Tray or container for the cereal hoops



How it works

Pour out a pile of hoops onto some flat trays or boards and place a pile of pipe cleaners in the middle. Participants can thread hoops onto the pipe cleaners and then make any shape they desire. Try twisting pipe cleaners together to create larger structures. Once finished they can be hung on trees and used as bird feeders.

Extend the activity

Cereal hoops tend to be made out of different grains. Try talking about different types of grain that can be made into breakfast cereals. What else can they be made into? Can you find any objects in your cupboard that are made from grains on a farm.

Thank you to Simon and Hazel Pain for sharing this activity with us.



Sensory Trust promotes and supports the creation and management of outdoor spaces that can be used and enjoyed by everyone, regardless of age or ability.

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